

REGISTRATION FORM - Sensitivity to Aging

October 5, 2016 • 9:00 am - 12:15 pm
Pike-ton Comfort Inn, 7525 US Route 23, Pike-ton, Ohio 45661
Trainers: Tina Lightcap, LSW and Sandy Montgomery, RN

\$50 Fee Per Person - Checks Payable to Area Agency on Aging District 7, Inc.

Agency/Facility Name _____

Name(s) of Participant(s) _____

Phone Number _____ E-Mail _____

Total Number Attending _____ Total Amount Enclosed _____

Please return completed registration form to:

Area Agency on Aging District 7, Inc. • Attn: Debbie Crawford • F32-URG PO Box 500 • Rio Grande, Ohio 45674-0500
Questions? Call Debbie Crawford at 1-800-582-7277 • Fax - (740) 245-0029 • E-Mail - dcrawford@aaa7.org



Area Agency on Aging District 7, Inc.
F32-URG PO Box 500
Rio Grande, Ohio 45674-0500

REGISTRATION DEADLINE

September 30, 2016

NO REFUNDS After Registration Deadline

Sensitivity to Aging

October 5, 2016

Comfort Inn
7525 US Route 23
Pike-ton, Ohio 45661



Sensitivity to Aging strives to make us aware of the special needs of the aging population, and the myths and stereotypes that are often associated with aging. Aging is a normal process and as we age, there are normal aging-related changes that develop from a psychosocial as well as physical perspective. It is the goal of *Sensitivity to Aging* to discuss these normal aging processes and how they affect the older adult. It is also the goal to make us aware of the impact of aging-related physical changes and how they affect the individual's ability to meet their everyday needs so that we, as professionals, can develop an understanding and empathetic approach as we help our aging client population meet these needs.

Objectives

After the course, participants will be able to:

- Describe common attitudes and stereotypes about aging.
- Summarize demographics about the aging population.
- Describe social characteristics of older adults.
- Explain the impact of generational experiences on values and attitudes.
- Identify normal aging-related changes in older adults.
- Describe how aging-related sensory losses, decreased joint mobility, and decreased fatty tissues could affect an older person's feelings and functions.
- Discuss the impact of aging-related physical changes on the ability of older adults to do routine tasks.

Sensitivity to Aging

AGENDA

9:00 am

Introduction

Module 1

The Myths and Stereotypes of Aging

10:00 am

BREAK

10:15 am

Module 2

The Experience of Aging Losses

12 Noon

Questions and Discussion

12:15 pm

Evaluation

Approved for three (3) continuing professional education hours for social workers and counselors from the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board - #RCS011402. The Ohio Board of Nursing accepts social work hours for RN CEUs.

Approved for three (3) CEUs with the Board of Executives of Long-Term Services and Supports (BELTSS - formerly BENHA) - #164-C-16

Approved by the Ohio Department of Developmental Disabilities for three (3) hours of CEUs for adult services/day habilitation and service and support administration - #1600002-1

The Area Agency on Aging District 7, Inc., does not discriminate on the basis of race, color, sex, religion, national origin or disability. If you need special accommodations due to a disability, please indicate so on the registration form.

The Trainers

Tina Lightcap, LSW

Education

Miami University of Ohio, Bachelor of Philosophy, Minor in Social Work. Licensed Social Worker, State of Ohio. Sensitivity to Aging Train the Trainer, May 2005.

Employment

Tina has been employed with the Area Agency on Aging District 7 (AAA7) since 1995, where she has worked as an assessor and care manager, and is currently serving as the AAA7 Quality Assurance Manager. She has also worked in the past at Adams County Children's Services and Miami Valley Child Development Center in Dayton.

Sandy Montgomery, RN

Education

Shawnee State University, Associate Degree, Nursing. Sensitivity to Aging Train the Trainer, May 2005.

Employment

Employed with the Area Agency on Aging District 7 since October 2003 as an assessor and care manager. Sandy has past experience at Pike County General Health District, Pineview Manor Nursing Home and Pike Community Hospital.

